

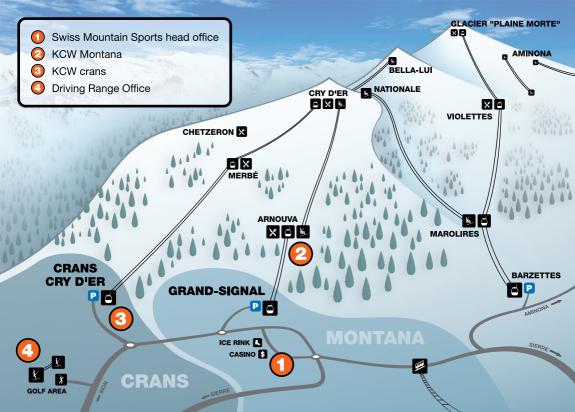
Adults and children private lessons Group lessons of 5 children only

SWISS # SNOWSPORTS









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Through our services, take advantage of the rental of equipment from our partners and ask for our reduction vouchers or think about our stock of rental ski clothes.

# **PRIVATE LESSONS** ski & snowboard

		LOW SEASON	HIGH SEASON
MORNING PACKAG	GES		
3 hours 'Morning'	09:00 - 12:00	CHF <b>195</b>	CHF 245
	per additional person	CHF 30	CHF 35
2,5 hours 'Morning'	09:30 - 12:00	CHF 170	CHF 225
	per additional person	CHF 25	CHF 35
2 hours 'Morning'	10:00 - 12:00	CHF 140	CHF 200
	per additional person	CHF 20	CHF 30
PER HOUR			
1 hour 'Early Bird'	08:45 - 09:45	CHF 55	CHF 55
	per additional person	CHF 10	CHF 10
Rating by hour	from 09:00	CHF 70	morning
	per additional person	CHF 10	package only
Rating by hour	from 12:00 per additional person	CHF <b>70</b> CHF <b>10</b>	OHF <b>75.</b> -

	LOW SEASON	HIGH SEASON
PRIVATE HAPPY HOURS 2 hours pack 14:30 - 16:30		
1 person 2 persons 3 persons 4 persons	CHF 125 CHF 140 CHF 162 CHF 180	CHF 136 CHF 158 CHF 174 CHF 196
PRIVATE FULL DAY		
1 person 2 persons 3 persons 4 persons	CHF 420 CHF 440 CHF 489 CHF 540	CHF 460 CHF 485 CHF 540 CHF 588
INTRODUCTION TO SKIING FOR YOUNG CHILDREN		
Private lessons at a preferential rate under conditions of: ages (3-6 years old) + area (Golf course of Crans)		
1-2 children 1¾ hours pack 12:00 - 13:45 1-2 children SAT or SUN 10:00 - 11:45	CHF 98 CHF 98	

SKI TOURING and SNOWSHOEING activities in private lessons follow the same rates as those indicated on these pages

## **GROUP LESSONS FOR CHILDREN & TEENS** ski & snowboard

- Each class is limited from 3 to 5 children only



- Children are carefully allocated to groups based on age and ability level
- Supervisors on slopes check the best compatibility and ability level

### **Kids Club**

Tom Pouce Ski Junior Ski Junior Snowboard

#### Teens'Clinics

TC Ski TC Snowboard

## **Racing & Freeride Clinics**

Race & Freeride Ski Race & Freeride Ski Snowboard

# Learn with small classes | Open 7 days a week | \* \* \* \* \* \* = 1 Goup



KIDS CLUB & TEENS' CLINICS	Departure from CRANS - Car park	Departure from MONTANA - Amouva
Morning from 5 successive courses non-successive	09:00 - 11:50 <b>CHF 95</b> CHF 105	09:30 - 11:40 <b>CHF 70</b> CHF 75
Special rating "Low period only"	09:00 - 11:50 CHF 78	09:30 - 11:40 CHF 55
Afternoon from 5 successive courses non-successive	13:30 - 16:25	13:15 - 16:15
Full day* from 5 successive courses non-successive	09:00 - 16:25	09:30 - 16:15 <b>CHF 120</b> CHF 145
RACING & FREERIDE CLINICS **		
Full day* from 5 successive courses non-successive	09:00 - 16:25 CHF <b>185</b> CHF <b>195</b>	09:30 - 16:15 <b>CHF 150</b> CHF 165

<sup>2-</sup>course meal included

<sup>\*\*</sup> Safety bag included | Only easy and safe freeride

# **OFF THE TRACES PROGRAMS**

DISCOVERY TOURS		PER PERSON
Snowshoeing * Discovery Tour  1 person 2 persons 3 persons 4 persons and more	17:00-18:30	CHF 80 CHF 45 CHF 30 CHF 25
Snowshoeing * Tour by night + fondue dinner ** 2 persons 3 persons 4 persons and more	17:00-22:30	CHF 130 CHF 100 CHF 80
Ski Descent   Ski Touring by night + fondue dinner ** 2 persons 3 persons 4 persons and more	16:15-22:30	CHF 220 CHF 175 CHF 125
Ski Touring Discovery Tour 2 persons 3 persons 4 persons and more	17:00-18:30	CHF 75 CHF 50 CHF 40

<sup>\*</sup> Snowshoes included | \*\* 2-course dinner: dried meat & cheese fondue + headlamp included



## **PURE FREERIDE PROGRAMS**

		LOW SEASON	HIGH SEASON
MORNING			
3 hours "off-piste"	09:00-12:00	CHF 300	CHF 360
	per additional person	CHF 35	CHF 45
2,5 hours "off-piste"	09:30-12:00	CHF 275	CHF 320
	per additional person	CHF 30	CHF 40
EARLY BIRD	July 1		
1 hour "first trace"	08:45-09:45	CHF 60	CHF 60
	per additional person	CHF 15	CHF 20
FULL DAY FREERIDING **			
- Spots accessible by the slopes		CHF 500	CHF 535
- Back-country spots by ski-touring	1/1	CHF <b>520</b>	CHF 550
- Other ski resorts spots discovery		CHF 600	CHF 650
	per additional person	CHF 40	CHF 50
HELI-SKIING EXPERIENCES	The state of the s		

Wildhorn (1'500m) | Petit Combin (2'000m) Pigne d'Arolla (1'700m) | Trient (2'300m) | and more... 1 drop to several to choose | etc.

#### from CHF 455.- / pers.

Helidrop - IFMGA mountain guide safety bag - return trip included

<sup>\*\*</sup> Compulsory safety bag: DVA transceiver + shovel + probe CHF 35.-

# **BIKE SCHOOL**

DOWNHILL DH		NO EQUIPMENT NEEDED COURSE ONLY	MATERIAL & BIKE INCLUDED
1,5 hours private lesson pack per additional person 2 hours private lesson pack per additional person		CHF 150 CHF 25 CHF 185 CHF 35	CHF 195 CHF 85 CHF 235 CHF 100
DH Performance	Group courses for 12 - 15 years old see page 12 & 13		
MOUNTAIN BIKE per hour			
How-to-bike Discovery Tour	4 to 2 wheels transition dedicated to children MTB hard-tail bike 1-2 persons E-MTB bike 1-2 persons		CHF 80 CHF 100 CHF 140
PRO-SUPERVISION COACHING per hour			
X-Country   Enduro   Road bike per additional person		<b>chf 100</b> Chf 30	<b>CHF 140</b> CHF 60

# **BIKE SHOP**



Rental Wide choice of bikes to rent from 12" to DH and E-Bikes

Selling New or used bike Repair Any brand

## **7 DAYS OVERNIGHT SUMMER CAMPS**

#### **FULL DOWNHILL BIKE CAMPS**

7 DAYS | 6 NIGHTS | FROM 12 YEARS OLD

- 35 Hours of training & coaching
- Work-shops and video debriefing classroom
- Any level from beginner to advanced
- Full board accommodation

#### SUMMER KIDS CAMPS

7 DAYS | 6 NIGHTS | FROM 7 YEARS OLD

- 35 Hours of outdoor program
- Entertainment indoor work-shops
- 24h/24 Supervision
- Full board accommodation

From CHF 790.- / Sessions



From CHF 790.- / Sessions



CRANS-MONTANA BIKING RESORT FREERIDING BIKE DH BIKE



ROCK CLIMBING
DISCOVERY GOLF
EXCURSION BIKING AND MUCH MORE

# **DAY-BY-DAY PROGRAMS FOR CHILDREN & TEENS**

	<b>EASY CLUB</b> 3 to 6 years old 10:00 - 16:00	<b>JUNIOR CLUB</b> 6 to 12 years old 10:00 - 16:00	<b>DH PERFORMANCE</b> 12 to 15 years old 10:00 - 16:00
MON TUE WED THU FRI SAT SUN	SQUIRREL FEEDING WALK & PEDAL BOAT  2-3-4 WHEELED BIKES & CHILD SCOOTER  NATURE OBSERVATION & BBQ  ART PAINTING & EASY SCAVENGER HUNT  CHILD ARCHERY & HAMBURGER ON THE GRILL MEAL  2-3-4 WHEELED BIKES  MARMOTS OBSERVATION	INDOOR ICE-SKATING & STAND UP PADDLE  BIKING EXCUSION TOUR & TECHNIQUE  HOW TO BUILD A SHED & BBQ  ROLLER SKATING & SCAVENGER HUNT  ARCHERY - FISCHING & HAMBURGER ON THE GRILL MEAL  BIKING PUMP TRACK & TOUR	DOWNHILL BIKE (DH)  Day after day DH programs:  - Technique  - Balance  - Position  - Speed  - Braking  - Trajectory  - All levels single tracks



## MEETING POINTS SMS head office, 10 minutes before departure of class

**Program:** Activities are safe-designed & adapted to child abilities

Equipment: Materials are Inclueded

Lunch: 2-course menu is included in full day classes

## **CLASSICS SPORTS & OTHER PROGRAMS**

#### PRIVATE LESSONS FOR CLASSIC SPORTS \*

Per hour	Swimming   Golf   Tennis   Archery   Fishing   Hiking per additional person	<b>CHF 70</b> CHF 10
HAPPY HOURS  1 person 2 persons 3 persons 4 persons	2 hours pack 16:15-18:15	снг 125 снг 73 снг 55 снг 45

#### **MOUNTAIN & VERTICAL PROGRAMS \*\***

Rock / Indoor climbing	Half day	сн <b>г 120</b>
Via ferrata	Half day	сн <b>г 120</b>
Canyoning	Half day	снғ <b>160</b>
Scenic flight	Paragliding / helicopter on the Alps	сн <b>г 160</b>

#### **BIRTHDAY & BACHELOR PARTY**

Rafting Handm	ade raft construction	and race	Raid Adven	ture
Fun Olympiads	Skyver Dirt Scooter	Tailor-ma	de Program	Etc.

Price depending on the specificity of the program

- \* Entry fees not included
- \*\* According to group formed

- · corporates programmes
- · gastronomy & wellness
- ski weekend
- cellard visits

- snowy months programmes
- snow-free months programmes
- themed teambuilding
- communication skills
- event coordinators
- gala evening

- lectuers orators speakers
- former sport celebrities
- technical staff
- counsulting assistance

#### SOME OF OUR REFERENCES

BANK DIVISIONS: Crédit Suisse - BNP - IAM - Raiffeisen - Postfinance

PHARMACEUTICAL FIRMS: Bayer international - Axis - Dental - Uditis - Stryker - Novartis - Drossapharm - Medtronic

Debiopharm - OMSV - Baxter - Optaros - UCB - Genzyme - Intertek

INDUSTRY: Contrinex - Addax Petroleum - Newell - Tetra Pak - Johnson & Johnson - SQLI - Charmilles

Technologie - Jaeger LeCoultre - Dupont de Nemours - Kyocera - ABO-Storage - Gotec - Canon - Luxottica

INSURANCES: La Vaudoise - Symphony SA

MASS RETAIL & FOOD: Nestlé - Nestec - Migros - Kronenbourg - Naville - Ricola

MEDIA & COMMUNICATION: Swisscom - Radio Television Suisse - Orange - Publigroup - T-System - Sunrise - LTV - Les Pages Jaunes

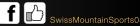
TABAC INDUSTRY: Philip Morris - Japan Tobacco International - BAT

ORGANIZATION & SCHOOLS: CIO - UNICEF - LAS - TASIS - CDL - EPFL - EASL

OTHER DIVISIONS: CUSMIC - CFF - Louis Vuitton - Suez Environnmement - Otis - Luxotica - EA - PriceWaterhouseCoopers



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SKI & SNOWBOARD SCHOOL | BIKE SCHOOL | ALL-YEAR ACTIVITIES & SUMMER CAMPS | TEAM BUILDING & INCENTIVES