



SWISS MOUNTAIN
SPORTS



CORPORATE TEAMBUILDING & RELATED ACTIVITIES

ROUTE DU PARC 3 | 3963 CRANS-MONTANA

INTRODUCTION

Swiss Mountain Sports –SMS– specializes in all-year provision of carefully-designed sports and outdoor programmes for both individuals and corporates. We create, develop and perform all our events with our own skilled staff; this direct provision is an important part of our service.

Since our foundation in 2004, we have devoted ourselves to the provision of guiding services and tuition of the highest quality. We have built a reputation for a wide range of outdoor services; from ski and snowboard instruction to tailor-made development and teambuilding programmes.

Our business divisions have extensive experience of tailor-made programmes: the secret of growth is to have good products! Meeting client need is central to our strategy. This is underpinned by state-of-the-art approaches to tuition and guidance. We are pleased that we regularly have been selected by a very wide range of corporations and organisations for sports projects and for creating tailor-made team building events.

Alongside its corporate offer, SMS provides event-organising services including seminars, meetings, conferences, forums and sports events. Crans-Montana not only has the benefit of clear air and stunning location, as the home of large international sporting events, it has excellent capacity in respect of accommodation and venues. Combining its deep commitment to alpine sports with its organizational capacity, SMS administers and runs the annual Trophee du Mont-Lachaux – the oldest ski race in Switzerland.

IN ADDITION, OUR PROVISION INCLUDES:

ski & snowboard school

SMS is a member of the Swiss Federation of Ski Schools (Swiss Snowsports) and recognised official snow school. Its professional ethos strongly emphasizes tuition based the most effective and progressive techniques, and on ensuring that learning approaches are carefully adapted to individual needs. SMS includes an official guide office, offering the services of professional IFMGA guides.

bike school

In 2006 SMS designed its own Bike School structure for cross-country, downhill, and road cycling – for both group and private coaching, training, and tours. A background in road racing in our youth explains our deep commitment to cycling - and from those origins we now have extensive experience on dirt as well as tarmac.

summer sport school

SMS accesses the beauty and assets of the Rhone Alps all year round, from the lakes to the high passes. We run a wide range of programmes for adults and have been running many day programmes for children since summer 2005, all of these carefully adapted to their skill levels and abilities. These include overnight summer camps as well as day-by-day programmes.





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WHAT IS THE VALUE OF TEAMBUILDING?

Outdoor activities, incentives and teambuilding different things focusing on the same goal: to strengthen working relationships through motivating, engaging activities. Of proven value for developing both individuals and organisations, our carefully-planned programmes exploit the close links between activity-based learning and the workplace.

With both sport and work characterised by skills, competition and collaboration, motivation, commitment, time management and stress, we enable enhancement of individual and team performance through focussed and rewarding group experiences.

Programmes for corporates adapt to the focus and aims of organisations, ranging from leadership development, team building and tailored goal-oriented programmes. Depending on needs and objectives, these can be of several hours' duration right up to multiple-day programmes, and can include door-to-door services including transport, accommodation, meals, seminars, evening activities, etc.

WHY CHOOSE US?

In line with research on the way in which skills acquired in outdoor teambuilding activities transfer into professional life, SMS has developed engaging competence-based activities focusing on motivation, competition and collaboration, time-keeping, and other important elements of competence. All programmes are tailor-made; SMS can deliver programmes which range from a couple of hours to complex 'all inclusive' services – transport, accommodation, meals, activities, etc. While it is rewarding to experience these in the beautiful Alpine environs of Crans-Montana and the Rhone Valley, we have the capacity to create and manage bespoke programmes throughout Switzerland, and indeed beyond – both in Europe and worldwide.

OUR OFFER

- + We carefully build our teambuilding and corporate programmes in house; all members of our skilled teams are our own skilled staff,
- + We have a high level of competence and expertise in a wide range of activities and programmes, with a broad client base,
- + We can arrange programmes from several hours' duration to a number of days,
- + Our testimonials and references include those from a wide range of international companies,
- + We can develop provision in locations throughout Switzerland, in Europe, and worldwide as well as welcoming clients to Crans-Montana, our base location in the heart of the Swiss Alps.

SOME OF OUR REFERENCES

BANK DIVISIONS: Credit Suisse – BNP – IAM – Raiffeisen – Postfinance

PHARMACEUTICAL FIRMS: Bayer international – Axis Dental – Uditis – Stryker – Novartis – Drossapharm – Medtronic – Debiopharm – OMSV

INDUSTRY: Contrinex – Addax Petroleum – Newell – Tetra Pak – Johnson & Johnson – SQLI – Charmilles Technologies – Jaeger LeCoultre – Canon

INSURANCES: La Vaudoise – Symphony SA

MASS RETAIL & FOOD: Nestlé – Nestec – Migros – Kronenbourg – Naville – Ricola

MEDIA & COMMUNICATION: Swisscom – Radio Télévision Suisse – Orange – Publigroup – T-System – Sunrise – LTV Les Pages Jaunes

TABAC INDUSTRY: Philip Morris – Japan Tobacco International – BAT

ORGANIZATION & SCHOOLS: CIO – UNICEF – LAS – TESIS – CDL – EPFL – EASL

OTHER DIVISIONS: Cusmic – CFF – Louis Vuitton – Suez Environnement – Otis – Luxotica – EA – PriceWaterhouseCoopers and more.



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CORPORATE TEAMBUILDING & RELATED ACTIVITIES

ALL YEAR ROUND

ALL YEAR ROUND

OLYMPIADES

Our Olympiads provide teams with an opportunity to rotate through a number of exciting and challenging activities, including archery; giant skis; DVA research; GPS transceivers; slalom Skyver scooters; 1m-long brush masterpiece painting; cut-the-log; the Blind Course; hockey; Rough Golf; and more. A winter version can be organized if snow conditions permit. Olympiad teambuilding activities are suitable for everyone, and huge fun.

DESCRIPTION

Olympiads present varied and engaging challenges, allowing all individuals and teams to complete and really enjoy themselves, while learning to work as part of a team. We vary the number and type of activities according to the size of groups.

TARGETS

The teambuilding provided by the Olympiads helps construct strong bonds between participants, through a variety of fun, sporting and cultural activities.

KEY ELEMENTS

Group cohesion; fun atmosphere; individual and group performance; and great competition.



LOCATION

This event can be organized in any location.

CONSTRUCTION AND RACING OF HAND-MADE RAFTS/SLEDS

activities involving construction and racing of rafts and sleds are one of our signature teambuilding challenges. It will ignite your teams' competitive fire as they work together to build and make their very own makeshift rafts - or sleds during the snowy days - working hard to make their constructions sufficiently robust, and aiming to be the first across the line. The crystal-clear lakes of the Alps are our preferred location, but we have used pools and lakes in many other locations for this engaging activity.

DESCRIPTION

Teams are given a set time to construct and test their raft or sled, and prepare for the race. They have a limited set of supplied materials at their disposal: bouyancy elements, wooden components, ropes, sails and paddles. Teams need to work within specific constraints and must strive hard to achieve integrity and durability in their designs.

TARGETS

Everyone can, and should be, actively involved throughout. Team members must collaborate effectively to build their structures and get them moving. The task is an excellent development and test of ingenuity, creativity, and problem-solving.

KEY ELEMENTS

Insights into self and working with others. Task allocation and collaboration; creativity and ingenuity; team work and mutual confidence.

LOCATION

Wallis: Crans-Montana | Martigny | Sierre | Sion
Vaud: Montreux | Lausanne | Allaman...
Genève: Coppet | Genthod
Fribourg: Gruyère | Bulle | Charmey
Neuchâtel: Cortaillod
Bern: Interlaken | Spiez | Bienne
Lucerne: Lac des 4 cantons
France: Annecy | Divonne-les-Bains | Thonon...
and more.



ALL YEAR ROUND

RAID ADVENTURE

A 'raid' is a multi-sport activity designed around 'missions' which put teams through tough physical challenges. Missions are formed of combined activities, tailored to specific needs and customized for all fitness levels. Extreme sports can replace 'suitable-for-all' activities to match specific needs and objectives. The winter version can include snowshoe activities and other snowsports.

DESCRIPTION

A 'raid' is a combination of challenging outdoor activities – trekking; archery; kayaking... Each team's goal is to complete a point-to-point course in the shortest time, using maps, navigation aids, and more.

TARGETS

The 'raids' combine problem-solving and strategy, putting team together in demanding and rewarding environments. They support development of collective, supportive effort in achieving a common goal.

KEY ELEMENTS

Cross-event application; group cohesion; individual & group confidence-building; task sharing; navigation; focus & speed; competitive attitude; and decision-making.



LOCATION

This event can be organized in any location.

ORIENTEERING RALLY

This teambuilding activity takes teams through complex orienteering tasks in demanding outdoor settings. The team must develop an effective strategy, and learn to make the very best use of maps, clues, compasses, and GPS transceivers. The activity includes 'on-the-go' challenges, increasing excitement and engagement. We can vary this activity in dozens of ways – itinerary, duration, environment, by day or night – to suit client requirements and to match the seasonal conditions.

DESCRIPTION

Orienteering involves all team members fully, planning the itinerary, navigating and solving problems. It engages everyone interested in way-finding and enhancing team working.

TARGETS

Armed with navigation and other aids, teams use all the resources at their disposal – including their own physical and mental resources to complete their itinerary.

KEY ELEMENTS

Development and use of orienteering skills; team spirit; decision-making; skills sharing; and at night, a good moon.

LOCATION

All locations, any resorts, including 100% urban environment as major cities.



ALL YEAR ROUND

SCENIC HELICOPTER FLIGHT EXPERIENCE

Helicopter flights above the Alps are a breathtaking experience in their own right. But they can contribute to our teambuilding programmes – with the flights ranging from those which allow groups to share amazing experiences such as an aperitif on a mountain peak, to rapid transit between challenging team activities. Transfers can be included in our all-in-one tailored events, getting clients swiftly to activities such as glacier trekking experiences. We can arrange any tailored helicopter flights, to suit clients' needs regarding schedule and event timetable.



DESCRIPTION

A helicopter flight is an absolute highlight of any stay in Switzerland and opens up extraordinary perspectives. We can access the highest Swiss peaks, amazing glaciers, and beautiful valleys extraordinary moments which will be memories for life.

TARGETS

A helicopter flight can figure as an event in its own right, to a rapid means of travelling between different parts of complex programmes.

KEY ELEMENTS

Breathtaking moments; beautiful locations; spectacular insights into the Alpine world.

LOCATION

Any location, principally in Wallis but can be considered anywhere.





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CORPORATE TEAMBUILDING & RELATED ACTIVITIES

WINTER

WINTER

CORPORATE SKI-BREAK WEEKENDS

We are based in Crans-Montana, and know every centimeter of this extensive resort. But we also arrange short break ski events at other top Swiss, French, German, Austrian and Italian ski resorts. Swiss Mountain Sports can offer dedicated assistance and services for any ski trip. We offer a tailored service to meet all client needs - from transfers and flights to accommodation, ski passes, ski guiding, tuition, etc.

DESCRIPTION

Tailored corporate ski weekends and midweek ski breaks; perfect for team-building, staff and client reward and recognition; or corporate retreats.

TARGETS

The place of demanding corporate life can take its toll on staff and teams. Ski weekends and other ski breaks can motivate and re-energise working teams. An active ski weekend, fitting around the normal working week, can bring benefits from rewarding staff, organizational commitment, and group cohesion.

KEY ELEMENTS

Enhancing individual and group motivation; rewarding staff and clients; socializing and sharing experiences; great moments and memories.



LOCATION

Wallis: Crans-Montana | Verbier | Zermatt
Saas-Fée | Champéry | Les Crosets
Vaud: Les Diablerets | Villars
Bern: Grindelwald | Wengen
Obwald: Engelberg | Titlis
France: Morzine | La Clusaz | Chamonix | Megève
Courchevel | and much more.

NIGHT-TIME TOBOGGAN DESCENT

This has proved a tremendously popular activity and with good reason. The night toboggan descent can be staged in a large variety of resorts. With the help of headtorches and guides, clients can escape into the serene nighttime beauty of the natural winter playground. We can include a fondue dinner at a mountainside venue, a great end to a day. The toboggan activity can be a stand alone event or can be an addition to other elements of our winter teambuilding programmes.

DESCRIPTION

Tobogganing is huge fun, and suitable for all clients – it is a great way to have a highly memorable night with colleagues. It is an excellent accompaniment to a day of skiing – especially with cheese fondue in a mountain cabin – and can be included as part of more sophisticated ‘igloo construction’, Olympiads, or ‘surviving a snowstorm’ programmes.

TARGETS

An easy-going and fun activity for everyone. Simply a great escape from the stress of normal working life.

KEY ELEMENTS

Congenial; relaxing moments; creating good times between colleagues.

LOCATION

Wallis: Crans-Montana | Saas-Grund | La Tsoumaz
Vaud: Villars | Les Diablerets



WINTER

AVALANCHE AWARENESS EXPERIENCE

The mountains have their objective dangers. However, the risks can be minimized significantly by making well-informed decisions about which terrain is safe, in contrast to that which is unstable and dangerous. Our IFMGA guides are experts in mountain travel and in introducing people to risk-mitigation in the Alpine environment. This safety-focussed programme will teach you awareness of mountain conditions, effective use of specialist equipment – including transceivers, probes and shovels, and how to test snow conditions to assess risk levels before venturing onto snow-laden slopes.

DESCRIPTION

It is essential for survival in the high mountain environment to have up-to-date avalanche training. This programme is run by our team of fully qualified IFMGA-UIAGM mountain guides who, as well as being experts on off-piste itineraries, are also passionate skiers and mountaineers.

TARGETS

Through hands-on activities and authentic experiences, participants can develop problem-solving skills, resilience and collaboration – all in a potentially hostile mountain environment.

KEY ELEMENTS

Effectiveness in understanding and applying instructions and following critical guidelines. Team participation; management of stress; acquisition of specialist knowledge; persistence.



LOCATION

This event can be organized in any ski resort located in Switzerland, France, Italy, Germany and Austria.

SKI RACING

Why not invite your employees, colleagues or clients to participate in an Alpine ski competition – we can prepare slalom courses or cross-country relay events. There are different options for race format, but all provide an unforgettable against-the-clock experience. Our experience in large, official racing means that we can reproduce the excitement and features of formal racing in small, bespoke events. We can provide a podium ceremony, the experience of mixing with celebrities from the world of ski racing, and outdoor catering as a complement to the racing itself.

DESCRIPTION

The mountains provide a superb setting to host a wide range of team-building events. Adapted to the aims in mind, a ski race can be a very cost-effective means of enhancing relationships between colleagues or with client groups.

TARGETS

A team ski race motivates individuals and strengthens relationships through playful competition. It can add a well-structured competitive element to corporate events. Teams can be structured to achieve different objectives depending on how colleagues and/or clients are grouped.

KEY ELEMENTS

Ski racing environment; individual challenge; fast-paced sport; fun and friendly atmosphere.

LOCATION

Wallis: Grans-Montana | Verbier | Zermatt | Saas-Fée
Champéry | Les Crosets
Vaud: Les Diablerets | Villars
Bern: Grindelwald | Wengen
Obwald: Engelberg | Titlis
France: Morzine | La Clusaz | Chamonix | Megève
Courchevel | and much more.



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SUMMER

SUMMER

GOLF ENTHUSIAST CHALLENGE

What does playing golf well have in common with successful corporate life? Both require commitment, trust, creativity, and imagination to achieve a set goal. Programmes carefully built around golf can encourage corporations and organisations to take a fresh look at how their teams function, and allow participants to perform at their best. These activities can be run in a wide range of locations. This is a highly interactive, experiential event for corporate teams.

DESCRIPTION

Using golf as a learning setting, participants experience teambuilding activities which enhance collaborative working and team cohesion. Previous golf experience is not needed, and we have developed activities which ensure that the novice golfer makes a significant contribution to teams' learning and development.

TARGETS

This experience is designed around creating trust, which in turn fosters creativity and collaboration. This allows the team to focus on results, providing common ground for strong collaborative and productive team relationships.

KEY ELEMENTS

Self-control; performance goals; team ethos; precision.



LOCATION

This event can be organised in any Golf Course.

MIX OF BICYCLE EXPERIENCES

Cycling does not immediately come to mind as a basis for teambuilding – but we have used it as a basis for a range of really successful events. Bringing together various types of bikes – mountain bike, downhill bikes, skyver specialist scooters, the latest e-bikes – allows us to offer engaging activities to a wide range of participants, who can range widely in physical fitness and skill level. This is an original and unusual way of exciting the motivation of colleagues and clients and having a great time in a wonderful environment.

DESCRIPTION

The mountains provide a great environment for a wide spectrum of cycling-based teambuilding activities. Depending on specific aims and objectives, different formats of event can be organized in order to motivate groups and strengthen relationships.

TARGETS

Events can be structured in many different ways, to allow individuals and groups of different fitness and skill levels to get the most out of activities.

KEY ELEMENTS

Competitive events in a wonderful Alpine environment, to more relaxed activities – all can provide individual challenge, exhilarating courses, in a fun and supportive environment.

LOCATION

Wallis: Crans-Montana | Verbier | Zermatt | Saas-Fée
Champéry | Les Crosets
Vaud: St-Cergue | Les Diablerets | Villars
Bern: Grindelwald | Wengen
Obwald: Engelberg
France: Annecy | Morzine | La Clusaz | Chamonix
Megève | and much more.





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SPECIFIC

SPECIFIC

THE GREAT ALCATRAZ ESCAPE

This event provides participants with amusing yet engaging immersion in an imagined context – but played out through exciting activities in the mountains. Based around the theme of escape, it involves convict uniforms, loss of orientation, avoiding main roads, decision-making... and even police patrols! The event starts with the escape of participating ‘prisoners’ from the vehicle in they were being transferred to a high security jail, who then find themselves in a total unfamiliar location. Fortunately, mystery sponsors of the escape left instructions and survival kits. From this point, history can be made...

DESCRIPTION

The Great Alcatraz Escape is both huge fun and highly challenging. It can be organized in both snowy or no-snowy conditions. The combination of escape atmosphere, problem-solving and strategic running are engaging and successful elements of this teambuilding activity.

TARGETS

This event has had great feedback; teams appreciate greatly the development of concerted effort in achieving a single goal – the success of their own escape.

KEY ELEMENTS

Collaborative problem-solving; strategy; decision-making; efficiency; motivation and mutual support; a drive to survive.



LOCATION

This event can be organized in any location.

COMMUNICATION SKILLS IMPROVEMENT

This teambuilding activity provides a selection of carefully-designed communication-focussed events and indoor workshops. These are designed to help participants develop better understanding of management and leadership situations, transferring this back into their personal and professional lives. This is based on challenges from practical settings in which groups compete in activities connected with ‘control centre teams’ communicating with ‘explorer teams’. This themed programme can be run all-year round with various tailored options.

DESCRIPTION

This provision has several components – the first is an outdoor teambuilding activity involving teams divided into ‘control’ and ‘explorer’ groups, connected by phone/radio. The second is an indoor workshop building on the practical activity, supporting development of deeper skills in communication and interaction.

TARGETS

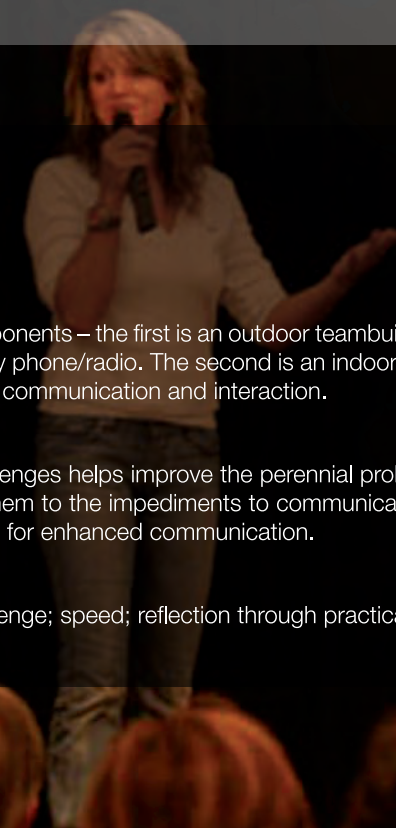
This well-structured set of challenges helps improve the perennial problem of effective communication between colleagues and departments, sensitizing them to the impediments to communication and the need for effective strategies. The activity gives an excellent underpinning for enhanced communication.

KEY ELEMENTS

Management skills; group challenge; speed; reflection through practical activities; decision-making and communication.

Location

Wallis: Grans-Montana | Verbier | Zermatt | Saas-Fée
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France: Morzine | La Clusaz | Chamonix | Megève
Courchevel | and much more.





WE CAN PROVIDE ANY PROVISION OF SERVICES REGARDING

Why not inviting your employees, colleagues, clients to participate to an alpine ski competition (or an X-country skiing relay) with the racing format of your choice? This is an unforgettable against-the-clock ski experience. Podium ceremony, former ski racer celebrities, outdoor catering can also take part of your ski event.

HR SERVICES

LECTURERS | ORATORS | SPEAKERS | FORMER SPORT CELEBRITIES | TECHNICAL STAFF | EVENT COORDINATORS | COUNSULTING ASSISTANCES | ADMINISTRATIVE MANAGING | WELCOMING HOSTS | TRANSLATORS

Logistic services

AUDITORIUMS | FULLY EQUIPPED SEMINAR & CONFERENCE ROOMS | ACCOMMODATIONS | TRANSFERS | SOUND SYSTEMS | AUDIO | CHECK-IN ADMINISTRATION | LOCATION PROJECTS | PERSONALIZED SOUVENIR PRIZES | VIP SERVICES

SNOWY MOUNTHS

CURLING | SNOWSHOEING | HELI-SKIING | NIGHT TORCH DESCENT | X-COUNTRY SKIING | WALLISER RACLETTE NIGHT | SKI TUTIONS & GUIDING | FREE-RIDE | SNOWTUBING | HELI-SKIING | SNOW SCULPTURE

SNOW-FREE MONTHS

SKYVER | RAFTING | CANYONING | KAYAKING | CLIMBING | MTB DOWNHILL WEEKEND SESSION | VIA FERRATA | E-BIKING | SUMMER SKI | BBQ | MTB BIKING CAMP | EXTREME ADVENTURE PARK

ALL SEASON

MOUNTEERING | ARCHERY | GLACIER HIKING | CELLAR VISIT & WINE TASTING | AIR RIFLE SHOOTING | INDOOR CLIMBING | WELLNESS | GASTRONOMY | TREKKING



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SKI & SNOWBOARD SCHOOL | BIKE SCHOOL | ALL-YEAR ACTIVITIES & SUMMER CAMPS | TEAM BUILDING & INCENTIVES



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